

What's UPP

Canterbury UPP Club Newsletter



September 2011

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AMYS' BLURB

Hi everyone,

Hopefully you've all been keeping warm and well with the cold spells we've had over the last few months. Eventually Spring is here.

The aftershocks are finally settling down, which has been great as we have been able to continue on with regular UPP Club sessions. We were extremely lucky to be offered the use of the Steelbro cafeteria venue as Delta had quite extensive damage. It was great news though, that at the start of September we were able to return to Delta.

Over the last few months we have had a few staff changes, I have now replaced Jacky as Youth Programme co-ordinator. We have 3 new youth workers working with UPP Club so, welcome Krystal Miskimmin, Maria Casey and Brydon Hunt to our team. Also this month we unfortunately said goodbye to Rob Claridge and Taylor Smeath-Armstrong. UPP Club wishes them well with their future endeavours.

We are continuing with Junior and Senior sessions starting earlier, as this seems to be working much better. For the rest of this year we are trying to have as many outings planned as is possible, unfortunately some places are still shut following the earthquakes.

Over the last month we have gained 4 new members, which is great. We welcome Ben Marshall, Simon Manson and Amber Ranson to our Junior group, as well as Ashleigh Smith to our Senior group. We look forward to getting to know them all.

Kind Regards,

Amy Lambourne - Youth Programme Coordinator

**A Big
Thank-you
2**

**- Canterbury
Community
Trust**

- SteelBro

- NZ Lotteries

**- Frozen Funds
Charitable Trust**

- NZDSA



www.uppclub.org.nz

**The Canterbury UPP Education Trust
Registered Charitable Trust**

NIGHTS AT THE MOVIES



With UPP Club we went to see the new Harry Potter movie, the Deathly Hallows part 2. I thought the ending was the best as Harry Potter won the fight, it was a really good night.

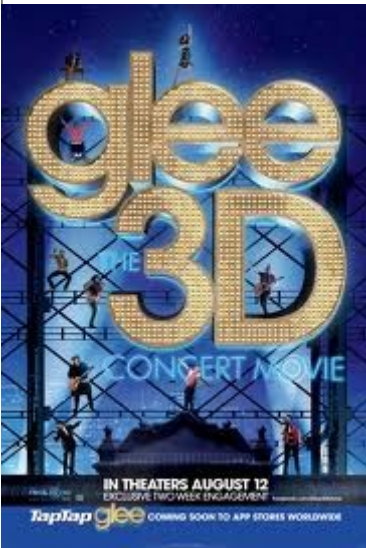
By Ben Southern

My favourite parts in Harry Potter were when Harry got to see his parents and his godfather through the stone. I also liked the bit where Harry surprises Voldemort about still being alive.

By Josie Noble

Kung Fu Panda 2 was really funny, we liked it better than the first movie!

Rochelle Waters & Janelle Olley



Don' Stop beleivin'
Jessie's Girl
Forget You
Fireworks

Glee 3D concert movie was really good, we've already seen it but wanted to see it again! Wearing the 3D glasses was fun and we enjoyed dancing and singing to the songs.

Shelley Finn & Maria Bonzon

Kung Fu Panda 2
Harry Potter and the Deathly Hallows P2
Glee 3D Concert Movie

GIRLS DAY OUT

Womens Lifestyle Expo 2011

The Women's Lifestyle Expo was held at the CBS Arena over the 17th & 18th September and a small group of our senior ladies attended in the morning. We got to taste some different health foods, watch a Zumba demonstration, see a fashion show, as well as take home lots of different beauty and make up samples. The ladies all had a great day and are keen to go back again next year! Renee Claridge said that one of her highlights was watching the fashion show, and Kendall Beattie enjoyed looking at all the glamorous dresses and hats on show at some of the exhibits.

Another Expo coming up that may interest some of you is the Gluten Free Food & Allergy Show. There will be free product samples to taste, discount vouchers, and expert speakers. It being held at Pioneer Stadium on Saturday 29th and Sunday 30th October. For more info you can visit the official website www.glutenallergy.co.nz



Ashleigh Smith after a morning at the Women's Lifestyle Expo 2011

Senior Group changes to look forward to!

Currently UPP Club are gradually beginning to divide the senior group up, aiming to give the older members of the seniors opportunities to go out in smaller groups and do different activities that will be available. Any suggestions and feedback are more than welcome, the Women's Lifestyle Expo is just the start of the senior group developments and over the next few months we hope to offer a variety of other activities to older members within the senior group.

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WHAT WE DO!

Hornby Action Indoor Sport



I had a really good night at Hornby Action Indoor Sport Centre. We split into four teams and had two teams on and two teams off cheering them on. I enjoyed playing both the Dodge ball and the Football. At the end of the night i found out i had won player of the day which was great!

Matthew Swaffield



The sports we played were Dodge Ball and Soccer. We were put into teams and some of them were wearing coloured bibs and bibs with names on. We all supported everyone while competing against each other and worked together as a team. When you play Dodge Ball you have to keep the ball on the ground and hit below the knee. If it hits you anywhere on the body you are out, you have to go back three spaces and then you can roll and throw the ball and the team who scores the most points wins.

After that we played some Soccer. In Soccer you have to keep the ball on the ground, pass it round the team and to your team mates who are surrounded by you and then you must shoot a goal. If the ball gets kicked and goes to another team you must try and tackle them to get the ball away from their feet but not by using your hands. Soccer is a non-contact sport.

We had a lovely supper afterwards and Matthew Swaffield was the MVP Player of the Day and got a certificate and two cans of Mother.

This was a wonderful night!

By Andrew Oswin



I really liked the sports night, especially the football. It was good after supper when we could all go on and play at the same time, it was fun!

Alexandra Walker

WHAT WE DO!

Make Up Night



We started the night off getting our nails painted, I got mine done in pink. We lay down and got our face masks put on, it was so cold! Afterwards I had my make up done and the staff helped me to curl my hair. It was good fun.

Maria Bonzon



Above: Grace Dodge getting her make up done

Facial Mask Recipe

- Rolled Oats
- Plain Yoghurt
- 1 over ripe Avocado *or*
- 1 over ripe Banana

Mix fruit and yoghurt together to combine, gradually stir in rolled oats until a thick enough consistency to stick to the face.

Fathers Day



Above: Gina Harrington making an origami box

Left: Hayley Butler, Janelle Olley & Olivia Townshend making Fathers Day Cards

PROUD ACHIEVEMENTS



Andrew with his gold medal in the shot put at the Special Olympics in Greece



Over the June/July period, Andrew Oswin, a member of our senior UPP Club participated in the Special Olympics at Athens, Greece. Andrew should be very proud of himself having reached 4.51m in the shot put, winning him the gold medal.

Andrew worked hard for this achievement and is extremely happy with his result.

We were lucky enough at UPP Club to see a presentation that Andrew showed us of all his photos and some of the highlights of his time in Athens for the Special Olympics. A big WELL DONE to Andrew!

GETTING TO KNOW..

Amber Ranson

Hi, my name is Amber and I'm 17 years old.

I attend the Adult Literacy Centre at Hagley Community College.

I love animals as I have 3 pet dogs, pet fish, and a cat!

Activities I enjoy are swimming, horse riding, playing T-ball and going bowling.

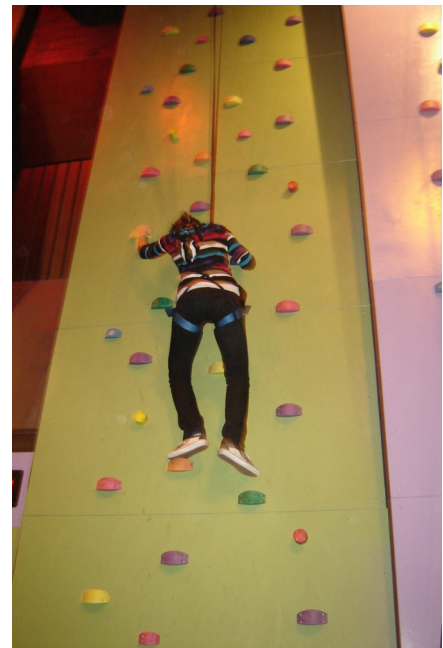


TO LOOK FORWARD TO



Jolt 'Homeland' @ Middleton Grange School on Friday 7th October.

Many of the junior members are in this production, therefore we will be offering this to the senior group to attend. Will email out info closer to the time, tickets \$5 each.



The Roxx Clip n' Climb in November!



Dinner out at Robbies!



Evening at Timezone and a look around the mall!

UPP Club Camp 2012

The dates for the next UPP Club camp have been confirmed and booked, I'm sure many of you will be pleased to hear! Camp will be running from Friday 17th February through to Sunday 19th February 2012, so make sure you all mark it on your calendars. More information on payment and consent forms will be emailed out.

**WOODEND
CHRISTIAN CAMP**

